

# Ongar Primary School Newsletter

Enjoy, Enrich, Achieve, Aspire



Week Ending - Friday 24<sup>th</sup> January 2025 Dinner Menu - Week 1 W/B 27<sup>th</sup> January 2025

|                                                                                                    | Monday                                                                                | Tuesday                                                                                                                 | Wednesday                                                                                           | Thursday                                                                            | Friday                                                                                                |
|----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <b>Week 1</b><br> | Margarita or<br>Pepperoni Pizza<br>Or<br>Ham<br>Panini<br>-----<br>Dessert of the day | Spaghetti and Beef<br>meatballs in a tomato<br>sauce<br>Or<br>Jacket Potato<br>with Tuna<br>-----<br>Dessert of the day | Mince Beef Lancashire<br>hot pot<br>Vegetables<br>Or<br>Sausage Roll<br>-----<br>Dessert of the day | Chicken Curry<br>Rice<br>Or<br>Cheese and Ham Panini<br>-----<br>Dessert of the day | Chicken Burgers, Chips<br>and Sweetcorn<br>Or<br>Veggie Fingers, chips<br>-----<br>Dessert of the day |

## Next week...

**Tuesday** 28<sup>th</sup> January

**Year 6** Buggy Malone at The Ongar Academy

**Wednesday** 29<sup>th</sup> January

**KS2 Indoor Athletics** at The Ongar Academy  
by invitation

## ATTENDANCE

Our whole school attendance is:90%

The national target is 96%



Well done to our top 3 classes

| Week beginning 20 <sup>th</sup> January 2025 |     |
|----------------------------------------------|-----|
| Year 4                                       | 96% |
| Year 1                                       | 95% |
| Year 6                                       | 94% |

## NEWS

**Clubs** started this week. If you haven't already signed up, we still have places in KS2 choir and KS1 Forest club. Sign up on Arbor. If you no longer require your space at a club, please let us know as some clubs have waiting lists.

**If you have any uniform with a school logo** on that you no longer need, please donate to our pre-loved uniform supply. We have enough skirts/ trousers etc Thank you.

**Our Barleylands trip** to the farm on Friday 14<sup>th</sup> March 2025 will require some parent helpers. If you can help, please let us know. If we have too many offers, we will pull names out of a hat.

**Dinner money** please remember to keep dinner money balances in credit.

# This week at Ongar Primary...



This week  
**Donaldson** class  
made sweet potato  
chips in the air  
fryer.



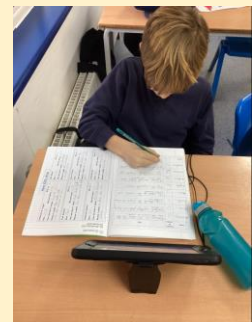
**Year 1** has been working hard  
in Maths. They have been  
finding all the number bonds  
to 20 using counters and  
working with their partner.



**Year 4** worked hard  
and enjoyed doing  
circuit training in PE  
this week.



**Year 5** in science, we have  
been looking at the celestial  
bodies in our Solar System.  
Last lesson, we learned about  
the planets and how they  
orbit the sun. In this lesson,  
we learned about the moons  
of each planet and what  
makes them a moon.



**Year 6** have experimented making Mayan chiaroscuro drawings with charcoal in art  
this week.



# OPAL - Outside Play And Learning



Everyone is loving our new outdoor classroom which will be used as a quiet chill out area at break and lunch time.



We have also reorganised the dressing up area and the children have been having so much fun! If you have any old dressing up clothes to donate, please bring them in.



The children also had great fun creating a big new bug hotel.



## Diary Dates 2024-25

Please note that dates are subject to change, sometimes at short notice. We will, however, do our best to ensure notice is given where possible. Please check Diary dates regularly for any additions or changes.

| January 2025     |                                                                      |          | Children | Parents |
|------------------|----------------------------------------------------------------------|----------|----------|---------|
| 28 <sup>th</sup> | Year 6 Buggy Malone at TOA                                           | 10.30am  |          |         |
| 29 <sup>th</sup> | Indoor Athletics at TOA Yr 5 & 6<br>Indoor Athletics at TOA Yr 3 & 4 | AM<br>PM |          |         |
| February 2025    |                                                                      |          |          |         |
| 11 <sup>th</sup> | KS2 Quiz at St Andrews                                               | TBD      |          |         |
| 12 <sup>th</sup> | History Workshop Yr 1, 3 & 4                                         | All day  |          |         |
| 13 <sup>th</sup> | History Workshop Yr 5 & 6                                            | All Day  |          |         |
| 14 <sup>th</sup> | Non Pupil Inset day                                                  |          |          |         |
| March 2025       |                                                                      |          |          |         |
| 14 <sup>th</sup> | School trip to Barleylands Farm                                      | All Day  |          |         |

## Help and Support

| Service                                            | Website                                                                                                                                                                                                                             | Contact Details                                                                  |
|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| NSPCC                                              | <a href="https://www.nspcc.org.uk">https://www.nspcc.org.uk</a>                                                                                                                                                                     | Email: <a href="mailto:help@nspcc.org.uk">help@nspcc.org.uk</a><br>0808 800 5000 |
| NSPCC                                              | A dedicated helpline to support past or present victims of sexual abuse in an education setting                                                                                                                                     | 0800 136 663                                                                     |
| Childline                                          | <a href="https://www.childline.org.uk">https://www.childline.org.uk</a>                                                                                                                                                             | 0800 1111                                                                        |
| Young Minds                                        | <a href="https://youngminds.org.uk">https://youngminds.org.uk</a>                                                                                                                                                                   | Text YM to 85258                                                                 |
| NHS Choices                                        | <a href="https://www.nhs.uk/using-the-nhs/nhs-services/mental-health-services/how-to-access-mental-health-services/">https://www.nhs.uk/using-the-nhs/nhs-services/mental-health-services/how-to-access-mental-health-services/</a> | Telephone: 111                                                                   |
| Compass<br>Essex Domestic Abuse Helpline           | <a href="http://www.essexcompass.org.uk">www.essexcompass.org.uk</a>                                                                                                                                                                | Telephone: 0330 333 7 444                                                        |
| Families in Focus<br>Support for children with SEN | <a href="http://Familiesinfocussessex.org.uk">Familiesinfocussessex.org.uk</a>                                                                                                                                                      | Helpline: 01245 353575                                                           |
| supporting parents with your child's mental health | <a href="http://Supporting Parents Helpfinder (youngminds.org.uk)">Supporting Parents Helpfinder (youngminds.org.uk)</a>                                                                                                            |                                                                                  |

## BOOK ONTO A HALF TERM ACTIVITY CLUB WITH ESSEX ACTIVATE!

Children and young people are invited to book onto fun-filled half term holiday clubs and enjoy free activities run by locally trusted club organisations across Essex, brought to you by Active Essex on behalf of Essex County Council!

### IS MY CHILD ELIGIBLE?

Essex ActivAte offer free, club spaces to primary and secondary school aged children who are eligible or receive pupil premium, benefit based free school meals or income-related benefits, also children who may be vulnerable to inactivity or social isolation. Clubs may offer discretionary paid places and paid for places, so there is something for everyone at an Essex ActivAte club!

### WHERE WILL THE CLUBS BE RUN?

Clubs will run in Braintree, Basildon, Brentwood, Castle Point, Chelmsford, Colchester, Epping, Harlow, Maldon, Rochford, Tendring and Uttlesford! Due to half term programmes being solely funded by Essex County Council, unfortunately there will not be any clubs running in Thurrock.

### WHAT DO THE CLUBS PROVIDE?

Clubs offer different engaging activities such as sports and games, crafts, colouring, dance, baking and more! They also provide nutritious meals and snacks, as well as food education, helping to engage young people and support parents during the half term holidays. Specialist SEND, mental wellbeing and youth clubs will also be available to book onto, offering further support for children.

### HOW DO I BOOK ONTO A CLUB?

You will not receive or book on with your HolidayActivities voucher code for half term holiday clubs. To book onto a local club, head over to the Essex ActivAte website, find the area that you live in and book on with the link, email or contact number provided by the club organisation directly.

[Find out more about Essex ActivAte half term holiday clubs and book here.](#)